

7 YEARS OLD

Choreographed by Jeremie Tridon

Description: 32 counts, 2 walls, Smooth (Nightclub)

Level: Advanced

Music: '7 Years' by Lukas Graham (60bpm) – Non Country

*Official UCWDC competition dance description
Date of usage 25 May 2017 to May 2018*

1-8: Right basic, sweep 1/4 turn, full turn with rondé, step back 1/4 turn pivots 1 T 1/2 turn

1-2& Step R to right side, step L behind R, cross R over L

3-4 1/4T left with L step forward and R sweep (9:00), cross R over L

5-6& Unwind left full turn with L back rondé, cross L behind R, 1/4 to left with R step back

7&8& 1/2T left with L step forward, 1/2T left with R step back, 1/2T left with L step forward,
1/4T left with R step to right side (face 9:00)

9-16: Back lunge, recover, steps forward, pivots 2 turn

1-2& Touch L behind R, put weight on L, recover to R

3-4 L step forward diagonally (to 7:30), R step forward (to 7:30)

5-6& L full spiral turn, step L to left side, cross R over L

7&8& 3/8 T right with L step back, 1/2T right with R step forward, 1/2T right with L step back,
1/2T right with R step forward

17-24: Left basic, 3/8 attitude turn, pivots turn, hitch, front and back développés

1-2& 1/4T right with step L to left side (face 9:00), step R behind L, cross L over R

3-4& 3/8 T right with L attitude and R step forward (to 1:30), 1/2T right with L step back,
1/2T right with R step forward (to 1:30)

5-6& L hitch, extend L forward, extend L backward

7&8& 1/2T to left with extend L forward, L step forward (to 7:30), R step forward, L step forward

25-32: Step to right, L check, 1/4 T and steps forward, chaîné T and jump

1-2& 1/8 T left with step R to right side (face 6:00), cross L over R, recover to R

3-4& 1/4T left with L step forward (to 3:00), R step forward, L step forward

5-6 R step forward, 1/2T left (weight on L)

7&8& 1/4T left with R step close to L, 3/4T left with L step forward (to 9:00), 1/4T to left with
jump on L extend R to right side, touch R close to L (face 6:00)