

In My Arms

Choreographed by Linus Backstrom (UK)

Description: 84 counts, (A-48, B-24, C-12), 2 wall, Rise & Fall - Waltz

Level: Crown

Music : 'Heaven In My Arms' - Carola (Special Edit 84 BPM) - Non-Country

Sequence: A, B, B, Part A (first 24 counts), B, B, C, Part A (first 12 counts), Exit (your own)

*UCWDC competition dance description
Date of usage 12 April 2018 to March 2019*

PART A

- 1-6 HEEL TURN, BACK, CROSS (DOUBLE REVERSE SPIN), BACK TWINKLE**
12 RF step diagonally back (step to 7:30), LF close, 1/2 heel turn to L (face 7:30)
&3 Turn 1/4 to L and step RF to side (face 4:30), Turn 1/4 L and step LF across RF (face 1:30)
456 Step RF back, Step LF back, Step RF back (face 10:30)
- 7-12 STEP BACK, CHASSE, LUNGE**
12 LF step back, RF step to R (face 12.00)
&3 LF close next to RF, RF step to R
456 LF lunge diagonally FWD across R (1.30), Continue lunge, Finish lunge (prepping for turn)
- 13-18 UNWIND, RONDE EN L'AIR, WEAVE**
123 Full turn to R, RF ronde from front to back, Finish ronde
456 RF step diagonally behind LF, LF step to L, RF step diagonally across RF (face 10:30)
- 19-24 FALLAWAY, SLIP PIVOT, FULL TURN SWEEP (RONDE EN TERRE)**
1&23 1/4 turn L, step LF across RF (face 7:30), RF step to R, 1/4 turn L, step LF back (face 5:30), RF slip and step back 1/4 turn (face 1:30)
456 1/4 turn LF step forward, start full turn sweep with RF, Continue full turn sweep, finish full turn sweep (face 10:30)
- 25-30 STEP, DEVELOPPE, CROSS, SIDE REACH, RECOVER**
123 RF step fwd, LF kick, LF step across RF (1.30)
456 RF step to R, LF recover in place, Hold (12.00)

31-36 TURNING BASIC, BALANCE
123 1/4 turn R step RF fwd (face 3:00), 1/2 turn R step LF back (face 9:00), 3/8 turn R step RF fwd (face 1:30)
456 LF step fwd, RF step fwd, LF recover back

37-42 BACK, LOCK STEP, TURN, POINT, HOLD
12&3 RF step back, LF step back, RF cross over LF, LF step back
&4,56 5/8 turn R, RF step fwd (face 9:00), 1/4 turn R, point LF to L (face 12:00), Hold

43-48 CURVED FEATHER, SWING AND SWAY TURN
123 1/8 turn L, LF step fwd (face 10:30), 1/4 turn L, RF step fwd (face 7:30), 1/4 turn L, LF step fwd (face 5:30)
4&56 RF step fwd, 3/8 turn R, step back (face 9:00), 1/4 turn R, step RF to R (face 12:00), Hold

PART B

1-6 2 X FULL TURN PIVOTS, PIROUETTE FULL TURN
1&2&3 LF step across RF (face 1:30), 3/8 turn L, RF step back (face 9:00), 1/2 turn L, LF step fwd (face 3:00), 1/2 turn L, RF step back (face 9:00), 1/2 turn L, LF step fwd (face 3:00)
456 RF step fwd, execute pirouette to R hitching L knee

7-12 STEP TURN, POINT BACK, HOLD
123 LF step fwd (face 1:30), RF step fwd, 1/2 turn L (face 7:30), LF step fwd
&456 RF join, 1/2 platform turn (face 1:30), LF point back, Hold

13-18 STEP BACK, SWEEP x2 (RONDE EN TERRE), LOCK, 1 1/2 SPIRAL
123 LF step back, start sweep RF front to back, RF step back, sweep LF front to back
456 LF lock behind RF, Unwind 1 1/2 turn L (face 7:30)

19-24 1/2 PIVOT TURN, LOCK BACK, TURN, LAYBACK WITH ARMS
12&3 LF step fwd, 1/2 turn L (face 1:30), RF step back, LF lock over RF, RF step back
&456 1/2 turn L, step fwd LF, RF join next to LF, layback with body & arms

PART C

1-6 DIAMOND FALLAWAY (OPEN LEFT TURN)
123 LF step diagonally fwd across RF (face 1:30), 1/8 turn L, RF step to side (face 12:00), 1/8 turn L, LF step diagonally back (face 10:30)
456 RF step back, 1/8 turn L, LF step to side (face 9:00), 1/8 turn L, RF step diagonally forward (face 7:30)

7-12 FALLAWAY SLIP PIVOT, PLATFORM TURN x2
1&2&3 1/8 turn L, step LF across RF (face 6:00), RF step to R, 1/4 turn L, step LF back (face 3:00), RF slip and step back 1/4 turn crossing behind (face 12:00) prepping for turn
456 Execute double platform turn