

SOS

Choreographed by Clive Eaton-Stevens (UK)

Description: 192 counts, 1 wall, ABC, Pulse - East Coast Swing

Level: Superstar/RisingStar

Music : 'SOS' - Rihanna (Special Edit 136 BPM) - Non-Country

Sequence: ABCB, Outro

Official UCWDC competition dance description

Date of usage 5 July 2018 to July 2019

PART A: 64 COUNTS

- 1-8 TRIPLE SIDE L, ROCK RECOVER, TRIPLE SIDE R ROCK RECOVER**
1&234 Step LF to L, Step RF next to LF, Step LF to L, Rock back on RF, Recover onto LF
5&678 Step RF to R, Step LF next to R, Step RF to R, Rock LF back, Recover onto RF
- 9-16 CHAINÉ TURN L, SYNCOPATED CHAINÉ TURN L**
12 Step LF, ¼ turn L, Close RF to LF, turn ¾
34 Turn ¼ L, step on LF, Close RF to LF, turn ¾ turn L
5& Turn ¼ turn L, step on LF, Close RF to LF, ¾ turn L
6& Turn ¼ turn L, step on LF, Close RF to LF, ¾ turn
7& Turn ¼ turn L, step on LF, Close RF to LF, make ¾ turn
8& Turn ¼ turn to L, step on LF, Close RF to LF, turn ¾ turn L
- 17-24 STEP LF TO L, SLIDE RF TO LF, KICK RF FWD TO DIAGONAL L, KICK RF SIDE, TOUCH R TOE BEHIND LF, KICK RF TO R DIAGONAL**
1234 Step LF to L side, Slide RF to LF, Continue slide, Touch R toe beside LF
5678 Kick RF fwd to L diagonal, Kick RF side R, Touch R toe behind LF, Kick RF to R
- 25-32 TOUCH R TOE BEHIND LF, UNWIND ½ TURN TO L, CHAINE' TURN, STEP PIVOT TURN**
1234 Touch R toe behind LF, Hold, Unwind ½ turn L (6:00), Continue to unwind
56 Step RF fwd turn R, traveling to 6:00, Close LF to L, ¾ turn R
7&8 Step RF ¼ turn LF, Close LF to RF, ½ turn L, Step fwd RF (Facing 12:00)
- 33-40 2 SLOW SKATES FORWARD, 4 SKATES FAST FWD**
1234 Skate LF fwd, Hold, Skate RF fwd, Hold
5678 Skate LF fwd, Skate RF fwd, Skate LF fwd, Skate RF fwd
- 41-48 TOE HEEL SWIVELS R & L, TRAVELING TRIPLE**
123 Touch L toe beside RF, toe turned in, Touch L heel fwd, Cross LF over RF
456 Touch R toe beside LF, toe turned in, Touch R heel fwd, Step LF to L
7&8 Step R heel across LF, Step LF to side L, Step on RF
- 49-56 TRIPLES IN CIRCLE**
1&2 Step LF to fwd (12:00), Close RF to L, ¼ turn R (3:00), Step LF next to L
3&4 Step RF to fwd, Close LF to RF, ¼ turn R (6:00), Step RF next to LF
5&6 Step LF to fwd, Close RF to LF, ¼ turn R (9:00), Step LF next to RF
7&8 Step RF fwd, Close LF to RF, ¼ turn R (12:00), Step RF to R

57-64 STEP KICKS R & L, SYNCOPATED WEAVE
123 Step LF fwd (12:00), Kick RF to diagonal (1:30), Step RF behind LF
456 Step LF to L side , Cross RF over LF, Kick LF to diagonal (10:30)
7&8 Step LF behind RF, Step RF to R, Cross LF over RF

PART B: 64 COUNTS

1-8 SLOW SKATES IN CIRCLE, FAST SKATES
1234 Turn ¼ R, skate R (3:00), Hold, Turn ¼ R, skate L (6:00), Hold
5678 Turn ¼ R, skate R (9:00), Skate L, Turn ¼ R, skate R (12:00), Skate L

9-16 KICK R 2X, STEP BEHIND, KICK L, STEP BEHIND, KICK TO DIAGONAL, STEP BEHIND, TWIST TURN
123 Kick RF fwd (10:30), Kick RF side (3:00), Step RF behind LF
456 Kick LF (10:30), Kick LF to side (9:00), Step LF behind R
78 Big kick RF to R diagonal (1:30), Step RF behind LF

17-24 TWIST TURN, TRIPLE BACK, CARTWHEEL PREP
1234 Step on LF fwd, Cross RF behind LF, Full Twist turn R
5&6 Step RF back, Close LF to RF, Step RF back
78 Step LF back, Hitch R for cartwheel prep

25-32 CARTWHEEL, SPANISH LINE,
1234 Cartwheel (either direction)
567 Spanish Line (either leg) (10:30)
8 Recover up to RF

(*33-56 are same steps executed on other leg)

33-40 SLOW SKATES IN CIRCLE, FAST SKATES
1234 Skate LF fwd, 1/8 turn L (9:00), Hold, Skate RF fwd. ¼ turn L (6:00), Hold
5678 Skate LF fwd, ¼ turn (3:00), Skate RF fwd, Skate LF fwd, ¼ turn L (12:00), Skate RF fwd

41-48 KICK L 2X, STEP BEHIND, KICK R, STEP BEHIND, KICK TO DIAGONAL, STEP BEHIND
123 Kick LF fwd (1:30), Kick LF side (9:00), Step LF behind RF
456 Kick RF (1:30), Kick RF to side (3:00), Step RF behind LF
78 Big kick LF to L diagonal (10:30), Step LF behind RF

49-56 TWIST TURN, TRIPLE BACK
1234 Step on RF fwd, Cross LF behind RF, Full Twist turn L
5&678 Step LF back, Close RF to LF, Step back LF, Rock back RF, Recover to LF

57-64 SPLIT TO RECOVER STANDING
1234 Split (either leg)
5678 Recover to standing

PART C: 64 COUNTS

- 1-8 TOE STRUTS, JAZZ BOX**
1234 Step toe of RF to R side, Step R heel down, Cross toe of LF to R side, Step L heel down
5678 Cross RF fwd over LF, Recover on to LF, Step R to side R, Step L fwd
- 9-16 SIDE BASIC, SIMPLE SPIN**
1&234 Step RF to R side, Close LF to RF, Step RF to R, Rock LF back, Recover RF
5&6 Step fwd LF, Close RF to LF, ½ turn L (6:00), Step LF behind RF for Sweep
7&8 Cross RF behind LF, close LF to RF, Fwd RF making 1/2 turn R (12.00)
- 17-24 2 X SIMPLE SPINS**
12 Step LF fwd (6:00), Close RF to LF, ½ turn L sweeping LF front to back (Facing 12:00)
3&4 step LF behind RF, Close RF to LF, Step on LF making 1/2 turn to 6.00
56 ½ turn R, step RF fwd, close LF to RF (6.00), sweeping RF from front to back
7&8 ½ turn R, close LF to RF, fwd RF (12:00)
- 25-32 HALF PADDLE TURN 2X, PIROUETTE 2X**
1&2 1/4 turn L Step onto LF, step RF in place, 1/4 turn L Slip LF fwd (6:00)
3&4 1/4 turn R step onto RF, step LF in place, 1/4 turn R Slip RF fwd (12.00)
5678 cross LF in front of RF, prep for spin, pirouette R two full turns
- 33-40 JUMP OUT, JUMP IN, TRIPLES IN CIRCLE**
&12&34 Jump out both feet (RL), Hold, jump In (RL), Hold
5&6 Step fwd on LF, Close RF to LF, ¼ turn R (3:00), Step side with LF
7&8 Step fwd on RF, Close LF to RF, ¼ turn (6:00), Step fwd on RF
- 41-48 TRIPLES IN CIRCLE, CROSS ROCK, RECOVER**
1&2 Step fwd on LF, Close RF to LF, ¼ turn (9:00), Step on LF
3&4 Step fwd on RF, Close LF to RF. ¼ turn (12:00), Step on RF
5678 Cross LF over RF, Rock, Recover onto RF, Step LF to side L, Step RF to side R
- 49-56 JAZZ BACK BEND, SAILOR STEP X2**
12,34 Jazz Back Bend one hand (either), Recover
5&67&8 Step RF behind LF, Step LF to L, Step RF to R, Step LF behind RF, Step RF to R, Step LF to L
- 57-64 KICK BALL CHANGE X2, STEP 1/2 PIVOT, PLATFORM SPIN 1.5**
1&2,3&4 Kick RF forward, Step on ball of RF, Recover on LF, Kick RF fwd, Step on ball of RF, Recover on LF
5678 Step fwd on RF, ½ turn L, weight on LF (6:00), close RF to LF making 1 & 1/2 spin L (end facing 12:00)

(*OUTRO - last 16 counts are yours!)