

# Bleeding Love

Choreographed by Shauni Dankers (BE)

Description: 64 counts, 2 wall, Smooth - West Coast Swing - Non-Country

Level: Intermediate

Music : 'Bleeding Love' - Leona Lewis (104 BPM)

*Official UCWDC competition dance description*

*Date of usage 22 May 2020 to May 2021*

## **1-8 WALK R - L, 1 ½ TURN WITH A SWEEP, COASTER STEP, WALK R - L**

- 12 RF step forward, LF step forward
- 3 Turn ½ to left side (6:00), step RF backward
- & Turn ½ to left side, LF step forward (12:00)
- 4 Turn ½ to left side, step RF backward and sweep LF front to back (6:00)
- 5&6 LF step backward, RF close, LF step forward
- 78 RF step forward, LF step forward

## **9-16 R TOE STRUT, ½ TURN, L TOE STRUT, SIDE SLIDE, HEEL POP**

- 1 Touch right toe forward
- 2 Drop right heel and turn ½ to left side (12:00)
- 34 Touch left toe forward, Drop left heel
- 56 RF large step to right side, LF slide in place to RF
- 7 LF close and turn 1/8 into diagonal (10:30)
- &8 Raise both heels off the ground, Drop heels

## **17-24 WALK R - L, ROCK FORWARD, WALK BACK, FLICK ½ TURN, SHOULDER SHRUG**

- 12 RF step forward, LF step forward
- 3& RF rock forward, Recover back on LF
- 4 RF step backward
- 56 LF flick with ½ left turn (4:30), LF touch forward
- 7& Lift left shoulder up, Drop left shoulder and lift right shoulder up
- 8 Drop right shoulder and lift shoulder up

## **25-32 SWEEP FORWARD X2, 1/8 TURN, JAZZ BOX X2**

- 1 Put your weight on LF
- 2 RF sweep forward
- 3 Put your weight on RF
- 4 LF sweep forward with 1/8 turn to right side (6:00)
- 5 LF cross over RF
- & RF step backward
- 6 Step LF to side (4:30)
- 7 RF cross over LF
- & LF step backward
- 8 Step RF next to LF (6:00)

**33-40****WALK L – R, ROCK FORWARD, HITCH, TOUCH, TURN ¼ RIGHT**

- 12 LF step forward, RF step forward
- 3& LF rock forward, Recover back on RF
- 45 LF step backward, RF hitch
- 6 Touch RF backward
- 78 Turn ¼ to right side (9:00), Put weight on RF

**41-48****CROSS, SIDE, CROSS, SIDE ROCK, CROSS, SIDE, CROSS, CLOSE**

- 12 Cross LF over RF, RF step R
- 3&4 Cross LF over RF, RF rock to the right side, Recover back on LF
- 56 Cross RF over LF, LF step L
- 78 Cross RF over LF, LF close next to RF

**49-56****WALK R, ¼ TURN, SAILOR STEP, WALK BACKWARD X6 WITH HEEL SWIVELS**

- 1 RF step forward
- 2 Turn ¼ to the right (12:00) and LF step to the left side
- 3& Cross RF behind LF, Close LF next to RF
- 4 RF step diagonal to the side (10:30)
- 5& LF step backward, let RF swivel out, RF step backward, let LF swivel out
- 67 LF step backward, let RF swivel out, RF step backward, let LF swivel out
- &8 LF step backward, let RF swivel out, RF step backward, let LF swivel out

**57-64****TURN 1/8 WALK L, TURN ¼ TO L, SAILOR STEP X2, ANCHOR STEP**

- 1 Turn 1/8 (9:00) and LF step forward
- 2 Turn ¼ (6:00) and RF step to right side
- 3&4 Cross LF behind RF, Close RF next to LF, LF step to the side
- 5&6 Cross RF behind LF, Close LF next to RF, RF step to the side
- 7&8 LF step behind RF, RF recover weight, LF step back

**TAG AFTER WALL 2****1-8 WALK R – L, ROCK FORWARD, WALK BACKWARD L – R, ANCHOR STEP**

- 12 RF step forward, LF step forward
- 3&4 RF rock forward, Recover back on LF, RF step backward
- 56 LF step backward, RF step backward
- 7&8 LF step behind RF, RF recover weight, LF step back