

Hola

Count: 32

Wall: 4

Level: Beginner

Choreographer: Rob Fowler (ES) - March 2020

Music: Hola by Flo Rida (feat: Maluma) – 3m 12s – bpm: 112 (approx.)



Intro: 16 counts (approx. 7s)

S1: Right Mambo Forward, Left Mambo Back, Side Rock Together Right, Side Rock Together Left

- 1&2 Rock forward on right, recover on left, step right together
- 3&4 Rock back on left, recover on right, step left together
- 5&6 Rock right to right side, recover on left, step right together
- 7&8 Rock left to left side, recover on right, step left together(12 o'clock)

S2: Step Right Side, Together, Chasse Right, Cross Rock, Recover, Chasse Left

- 1-2 Step right to right side, step left next to right
- 3&4 Step right to right side, step left next to right, step right to right side
- 5-6 Cross rock left over right, recover back on right
- 7&8 Step left to left side, step right next to left, step left to left side(12 o'clock)

S3: Right Cross, Side, Right Cross Shuffle, Side Rock ¼ Turn Right, Left Shuffle

- 1-2 Cross right over left, step left to left side
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Rock left to left side, make ¼ turn right recovering weight on right
- 7&8 Step forward on left, step right next to left, step forward on left(3 o'clock)

S4: Touch Right, Hold, Touch Left, Hold, Touch Right, Left, Right, Clap Hands x2

- 1-2 Touch right toe next to left foot (bending right knee), hold
- &3-4 Step right next to left, touch left toe next to right foot (bending left knee), hold
- &5 Step left next to right, touch right toe next to left foot (bending right knee)
- &6 Step right next to left, touch left toe next to right foot (bending left knee)
- &7 Step left next to right, touch right toe next to left foot (bending right knee)
- &8 Clap hands twice(3 o'clock)

Start Over
