

## **NO SLEEP (NAH NAH NAH NAH)**

Level: **Newcomer (Street iki 29 m.)**

Count: **32**

Wall: **2**

Choreographer: **Nicola Lafferty**

Music: **All Day and Night by Jax Jones, Martin Solveig & Madison Beer**

### **Intro: 16 Counts**

#### **KICK & POINT X2, WALK F X2, OUT OUT IN IN**

1&2 Kick RF forward (1) Step RF in place (&) Point L toe to L (2)

3&4 Kick LF forward (3) Step LF in place (&) Point R toe to R (4)

5-6 Walk forward R, L (5,6)

&7&8 Step RF to R (&) Step LF to L (7) Step RF in (&) Step LF next to RF (8)

#### **¼ SLIDE, SLIDE TOUCH, BOUNCE ROCK RECOVER X2**

1-2 Slide to R (1) Make ¼ turn R, touching L toe next to RF (2) (face 3.00)

3-4 Slide to L (3) Touch R toe next to LF (4)

5-6 Rock RF to R – with a bounce (5) Recover & step RF next to LF (6)

7-8 Rock LF to L – with a bounce (7) Recover & step LF next to RF (8)

#### **SIDE, BEHIND, TRIPLE R, ¼ TURN, CROSS HEEL TAP, RECOVER**

1-2 Step RF to R (1) Cross LF behind RF (2)

3&4 Step RF to R (3) Step LF next to RF (&) Step RF to R (4)

5-6 Step LF forward (5) Make ¼ turn R (6) (face 6.00)

7-8 Tap L heel over RF (7) Step LF next to RF (8)

#### **HEEL SWITCHES X3, TOGETHER, HITCHES X3, TOGETHER**

1&2& Tap R heel forward (1) Step RF next to LF (&) Tap L heel forward (2)  
Step LF next to RF (&)

3-4 Tap R heel forward (3) Step RF next to LF (4)

5&6& Hitch L Knee (5) Step LF down (&) Hitch R Knee (6) Step RF down (&)

7-8 Hitch L Knee (7) Step LF down (8)